HILL COUNTRY HALLOWEEN HALF & 5K

THIS RUNNING LOG BELONGS TO:

name

1. Register for the HILL COUNTRY HALLOWEEN HALF online at **pentelievents.com**

2. Walk, run or roll by wheelchair 25 miles before Oct 29. Fill in each box with the date you run, and remember, **get a parent or teacher to sign for each mile that you run.**

3. Come to the Expo (details online) on Oct 28 to get your t-shirt and race packet.

4. Come run the final 1.2 miles of your Marathon at the HILL COUNTRY HALLOWEEN HALF

QUESTIONS? Email us at registration@run13.com.

MY RUNNING JOURNAL

MILES COMPLETED

Adults Initials

MILE 1 _____
MILE 2 _____
MILE 3 _____
MILE 4 _____
MILE 5 _____
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